



# Aabletone Nursing and Residential Home

You'll discover Aabletone along a leafy lane just off Stoke Hill, near the Durdham Downs. The traditional Cotswold stone house is surrounded by towering trees and greenery, and visitors are often greeted by the sound of birdsong.

This rural feel is enhanced by the magnificent Cedar tree in the front garden, which is more than one hundred years old.

A warm welcoming hallway balances modern décor with a traditional homely feel and leads through to a light and airy lounge. Patio doors open out onto a charming garden with plant troughs, benches, shrubs, and a bird table and bird bath.

The tastefully decorated dining room creates the feel of an elegant guest-house, and features a striking wooden fireplace and a large bay window.

At Aabletone, as at all the Cedar Care Homes, you'll be part of a happy and stimulating household, where our standard of care improves the quality of life for everyone – adding life to years.

We look forward to welcoming you.



## Cedar Care

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# Abletone Nursing and Residential Home

## TYPES OF CARE:

**Residential** – for those who are finding it difficult to cope at home.

**Nursing** – for those who require clinical assistance, palliative care or continuing health care.

**Respite** – temporary accommodation for a minimum of two weeks or more.

**Suitable for elderly physically disabled**

## Facilities

**Local amenities nearby:** Botanical gardens next door. Durdham downs only 2 minutes walk away, which has tea rooms and many events throughout the year.

**Public transport:** Major bus stop within 5 minutes walk. Taxis.

**Single occupancy rooms:** With TV and call bell system.

**Shared rooms:** Shared rooms are available.

**Washing facilities:** Most of the rooms are en-suite, have vanity units or are close to bathrooms.

**Communal areas:** Front formal lounge – a Victorian styled room with high ceilings and bay windows. Day room/Dining room – light and airy with large windows and garden views. Most activities take place here. There is a keyboard and the vicar provides a service here once a month. Lift to all areas.

**Specialised equipment:** Specially equipped bathrooms, wide doors, ramps, lifts, handrails and hoists.

**Specialist staff:** Physiotherapist.

**Transport:** A Cedar Care Mini Bus is used by all homes.

**Garden:** Patio, raised flower beds accessible to residents for gardening activities.

**Security/safety:** Entrances and exits to building are coded.

## Services included in basic fees

Your room and all nursing care and support.  
Individual care given to all residents.

A personal television can be provided at no extra cost, unless a specific type or make is preferred.

Cooked breakfast is provided. Choice of menu for Lunch and Supper. Special diets or preferences are catered for.

Laundry: Including personal clothing, bedding and towels.

Activities and entertainment which vary according to residents' needs and interests. Range of activities can include: live music, sing-alongs, quizzes, games and arts and crafts. We also arrange regular day trips.

Library service can be arranged for any one who needs it.

Physiotherapist on site 4 days a week.

Appointments with visiting GP as and when needed.

Appointments with visiting optician as and when needed.

## Services available at extra cost

Hairdresser visits once a week.

Chiropodist visits every six to eight weeks.

We are happy to arrange therapies according to residents' needs and preferences.

Newspapers and magazines delivered daily.

Personal phones can be provided at extra cost.

Private dentist appointments can be arranged.

Private physiotherapist appointments can be arranged.

Private doctor/optician appointments can be arranged.

Transport to private appointments can be arranged.