



# Oakhill Mansions

Specialist care to help people with complex dementia and challenging behaviour to live life well.

Oakhill Mansions is a very special building. Originally a Methodist college built in the 1950s in the Art Deco style, it has tall sash windows, lending a light and airy feel to the appropriately-named Mansions. Its elevated location on Henbury Hill provides beautiful panoramic views of Bristol. It is close to the centre of Bristol, in a secluded and leafy part of Westbury-on-Trym, a village to the north of the city.

Renovated and restructured to almost purpose-built standards, it provides three self-contained wings which each provide 24-hour focused care for specific needs. This level of care is unique in the Bristol area – see back panel for more details.

Despite being secluded, busy everyday life is just around the corner. Local amenities include shops, bus stops and GP services at the local Primary Care Centre. Local

hospitals (Southmead and Bristol Royal Infirmary) are within four miles, while Temple Meads railway station and Bristol's central bus station are within four to five miles. For car drivers, the M5 motorway is three miles away.

Our home combines a tried-and-tested model of care for people with complex dementia and/or mental disorders, with a new and unique healthcare, therapy and hospitality service.

When you come to Cedar Care, you become part of a strong and nurturing family. Care is based on building respectful relationships amongst residents and staff who serve them, resulting in a feeling of security, contentment and a sense of belonging. Together we add life to years.

We look forward to welcoming you.



**CedarCare**  
*Homes*

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## Who we care for

We've created Oakhill Mansions for people who require mid to long term nursing care:

- for those who require support in daily living and socialising due to behaviour difficulties arising from complex dementia and/or mental disorders;
- for people with dementia who also need high level of management and support for physical and medical needs.

Our home operates as three separate wings and each consists of self-contained suites with their own lounge and dining room, so that care and support can be focused to meet the varying types and levels of need of people:

**Queenswood Wing – ground floor, 19 bedrooms**

**Kingsley Wing – first floor, 31 bedrooms**

Both of these wings provide psychological and nursing care for people who have complex dementia and/or mental disorders that result in behavioural issues.

**Princeton Wing – top floor, 26 bedrooms**

Provides nursing care for people with or without dementia who require management of physical difficulties. This may include people from the other wings who have become less physically able. Pall and end of life care is also available in this wing.

## Transforming care

Finding the right care for a person with complex dementia and/or mental disorders is never easy.

If that person is a friend or family member, you want to make sure they can live the happiest life possible, surrounded by kind and caring staff who can support their physical and medical needs.

If you're commissioning care, you want to be equally assured of quality and effectiveness.

Our home combines a tried-and-tested model of care for people who have behavioural difficulties due to complex dementia and/or mental disorders.

People with complex dementia and / or mental disorders may at times become emotional and volatile, challenging and aggressive. At Cedar Care, we believe that it is far kinder and more effective to recognise that the person is not out of control and powerless. He or she is simply trying to find ways to cope: to maintain his or her sense of identity, sense of control, self-confidence and self-esteem.

That's why our model begins with a four-week period of intensive assessment. A designated team of staff will get to know the person well, to understand their physical,

cognitive and psychological problems, the causes and triggers of their difficulties and how these all impact on their well-being. They'll then create a tailored care plan that empowers and enables the person to make the most of their life, despite their limitations.

We work closely with the Care Commissioning Group, and establish strong relationships with community mental health teams, social workers and relevant healthcare professionals. The outcome – high quality care and effective care packages that truly meet peoples' needs.

If you commission care services, or are responsible for an individual with complex dementia and/or mental disorder needs, talk to us about how – together – we can transform their care.



**CedarCare**  
Homes



## What we offer

### A unique caring service

- **Healthcare** – 24-hour specialist nursing care – including specialists in mental health and behaviour management
- **Named nurse/carer teams** – designated to each person to ensure consistent, person-centred care
- **Hospitality** – staff specifically dedicated to provide hospitality services
- **Leisure** – full-time Activities Co-ordinator providing a range of suitable activities, events and services
- **En suite bedrooms** – beautifully furnished to a high standard

### Local amenities

- Shops, bus stops and GP services close by
- Southmead Hospital within three miles; Bristol Royal Infirmary within four miles

### A nurturing environment

- **Panoramic views of Bristol** and extensive, newly-landscaped gardens. Well-established trees and woodlands that enhance the sense of peace and beauty
- **Décor** chosen to help people find their way around, and take pleasure in their surroundings – through colour schemes, signage, pictures, ornaments, and themed rooms including a fully-equipped sensory room
- **Safe and nurturing surroundings** – a walking trail that wraps around the woodland at the front of the grounds, secure areas enabling people to move freely, a gardening patio and sensory garden
- **Surroundings to comfort**, inspire, reassure, and promote reflection and acceptance

### Good transport links

- Temple Meads railway station and Bristol's central bus station – five miles away
- M5 motorway – 3 miles away

Transforming care – for those who need us most