



JULY

2025

	M O N	T U E S	W E D	T H U	F R I	S A T	S U N
Morning 11am	Hoopla	Expressive Arts	Chair exercise	Music Morning	Darts	Gentle Stretching	Jigsaws
Location	Marylebone	Lords	Marylebone	Lords	Marylebone	Lords	Marylebone
Afternoon Activity 3pm	Music & Movement	Afternoon Tea	Bingo!	The Big Brain Game!	Golden Whiskers Baking Club	Gardening Club	Zumba
Location	Lords	Gardens	Lords & Marylebone	Lords & Marylebone	Marylebone	Garden	Lords