



JULY

2025

	M O N	T U E S	W E D	T H U	F R I	S A T	S U N
The Lodge 11am	Expressive Art Session	Gentle Yoga	Wellbeing Walk	1970s Music Reminiscence	Memory Lane Games	Pub Sing-along	Yarn Crafts
The Lodge 3pm	Cards & Dominos	Live Music Queenswood	Baking Session	Concorde Project	Pet Therapy: Rabbits	Arts & Crafts	Movie Time
Princeton 11am	Arm Chair Zumba	Arm Chair Zumba	Balloon Volleyball	Gentle Yoga	Skittles	Pub Sing-along	Gentle Aerobics
Princeton 3pm	Mens Club	Live Music Queenswood	Bingo!	Exotic Fruit Tasting	Art Club	Cherry Blossom Art	Reminiscence Session
Queenswood 11am	Hoopla	Arm Chair Zumba	Balloon Volleyball	Gentle Yoga	Boules	Pub Sing-along	Gentle Aerobics
Queenswood 3pm	Bristol Maritime Club	Live Music	Bingo!	Exotic Fruit Tasting	Flower Arranging	Cherry Blossom Art	Reminiscence Session
Kingsley 11am	Hoopla	Gentle Yoga	Wellbeing Walk	Gentle Yoga	Arm Chair Zumba	Pub Sing-along	Gentle Aerobics
Kingsley 3pm	Bristol Maritime Club	Bingo!	Flower Arranging	Exotic Fruit Tasting	Making Bird Food	Comedy Club	Reminiscence Session