



2026

	M O N	T U E S	W E D	T H U	F R I	S A T	S U N
Morning 11am	Music & Reminiscence	Reading Club	Arts & Crafts	Reading Club	Brain Games	Chair Exercises	Pamper Session
Location	Lounge	Lounge	Lounge	Lounge	Lounge	Lounge	
Afternoon Activity 3pm	Intergenerational Session	Around the World Show	Residents and Relatives Afternoon Tea	Outing Ashton Court	Active Afternoon	Arts club	Cinema Session
Location	Garden	Lounge	Lounge		Garden	Lounge	Lounge